

**WOOL POWER RECOMMENDS
ABSOLUTE BEGINNER'S
FOUNDATION OF KNITTING ACCESS COURSE
[Will be offered in comfort of our homes]**

- **How to Cast on Stitches**
- **How to Knit**
- **How to Purl**
- **How to Cast Off**
- **Garter Stitch**
- **Stockinette Stitch**
- **Increase and Decrease Methods**
- **Understanding Abbreviations and Reading a Pattern**